



# News Release

## FOR IMMEDIATE RELEASE

July 2, 2013

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### LOCAL PHYSICAL THERAPIST JOINS ELITE GROUP OF ORTHOPEDIC SPECIALISTS

**Plantation, FL:** Select Physical Therapy, one of the nation's leading providers of outpatient physical therapy, hand therapy and sports medicine, today announced that local physical therapist Brett Fox, DPT, OCS, successfully passed the national board examination to become an Orthopedic Certified Specialist (OCS). This award is the highest offered by the American Physical Therapy Association (APTA) to those who demonstrate exceptional proficiency in the care and management of orthopedic injuries.

Fox began working as a physical therapist for Select Physical Therapy after graduating from school in 2010. He graduated from Florida International University with a doctorate in physical therapy (DPT) and currently treats patients at Select Physical Therapy Plantation located at 600 South Pine Island Road. In addition to gaining this sought-after designation, Fox has completed various continuing education courses including therapeutic techniques for sports medicine, low back, and upper quarter.

In order to pass their board certification, clinicians are required to complete extensive hours of training in the area of orthopedics. The additional training ensures comprehensive knowledge of orthopedic and musculoskeletal dysfunction, with a focus on the most up-to-date understanding of orthopedic surgical interventions and rehabilitation.

"We are committed to having clinicians of the highest quality and dedication," said Luis Alvarez, MPT, market manager for Select Physical Therapy in Florida. "We congratulate Brett on this challenging accomplishment and look forward to hearing successful recovery stories from our valued patients."

Select Physical Therapy offers more than 30 convenient locations throughout Southern Florida and is the official provider of outpatient physical therapy services to the Florida Panthers. For more information, visit [www.selectphysicaltherapy.com/markets/south-florida-keys.aspx](http://www.selectphysicaltherapy.com/markets/south-florida-keys.aspx).

#### **About Select Physical Therapy**

Select Physical Therapy is an industry leader in physical therapy, hand therapy and sports medicine services. Select Physical Therapy is part of Select Medical's outpatient division. The company's outpatient brands also include NovaCare Rehabilitation, First Choice Rehabilitation Specialists, Kentucky Orthopedic Rehab Team (KORT), Kessler Rehabilitation Centers and Saco Bay Physical Therapy. Together, these brands comprise a national network of approximately 975 centers in 33 states and the District of Columbia. The centers offer a wide range of general physical therapy services such as hand/occupational therapy, sports rehabilitation, and work injury prevention and management. Select Medical empowers its therapists by providing an industry-leading library of clinical education opportunities. Select Medical's outpatient division provides physical therapy and/or athletic training services to approximately 300 high schools, colleges, and professional teams nationwide, and serves as the exclusive physical rehabilitation provider to several major U.S. corporations. For more information, visit [www.selectphysicaltherapy.com](http://www.selectphysicaltherapy.com).

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